



## **2007 NERAC Professional Cycling Team Media Guide**



[www.teamnerac.com](http://www.teamnerac.com)



### **Nerac Pro Cycling Team**

Sports Group Nord-Ost, LLC

36 Burke Road

Vernon, CT 06066

**Phone:** 860-214-8550

**E-Mail:** dwerling@teamnerac.com

**Team Website:** www.teamnerac.com



### **Team Management:**

Team Director: Patrick Heidkamp

Team Manager: William Verbarq

Assistant Team Manager: David Werling

**Notable results in 2006:** 4th Stage #2 International Cycling Classic, 2nd Festival of Speed Criterium, 3rd Overall Tour of Shenandoah, 2nd Team Pursuit Elite National Track Championship. In total the team had twenty two wins and seventy six podium appearances.

**2007 Roster:** 11 Riders

**Average age:** 28

**Main Sponsors:** Nerac is an information technologies provider.

### **Sports Group Nord-Ost LLC**

Sport Group Nord-Ost, LLC is a sport marketing and development company. The company's primary focus is the marketing and promotion of professional cycling teams and events. Currently the company manages Team Nerac Pro Cycling, a UCI registered Continental Team. In addition to the team, the company also manages several events including the Hartford Downtown Criterium, and the Rentschler Field Training Series.

The primary owners of the team are David Werling and Patrick Heidkamp. David is a native of Connecticut and grew up in West Hartford. He attended the University of Connecticut where he obtained a masters degree in accounting. Patrick is originally from Cologne Germany. He moved to the United States and is currently getting his PHD from the University of Connecticut. The two founded SGNO in 2003 and seek to promote the sport of cycling within the state of Connecticut.



**Aidan CHARLES (USA)**  
**NERAC PRO CYCLING TEAM**  
*(PREVIOUS TEAM ANTHEM BLUE CROSS BLUE SHIELD 2006)*  
*\*SPONSOR: Nerac is an information technologies provider.*

**DOB:** October 18, 1983

**Hometown:** Middletown, CT

**Residence:** Middletown, CT

**Height:** 6'2"

**Weight:** 148 lbs

**Strengths:** All around

**Pro Since:** 2007

**Hobbies:**

**Career Highlights:**

**2007**

3rd Sterling Road Race

**2006**

1st New Britain Criterium

1st Connecticut State Criterium Championships

1st Williamstown Criterium

2nd Topsfield Circuit Race

2nd John's Hopkins Road Race

2nd ACCCC Criterium Conference Championships

2nd University of Maryland Road Race

3rd William and Mary Road Race

3rd KOM Competition Bow Road Race

4th Prospect Park Circuit Race

5th Ronde Van Bethel

5th ACCCC Conference Championships Road Race

6th Mount Joy Road Race



**Alec DONAHUE (USA)**  
**NERAC PRO CYCLING TEAM**  
*(PREVIOUS TEAM KENDAL RALEIGH RACING 2006)*  
*\*SPONSOR: Nerac is an information technologies provider.*

**DOB:** July 26, 1976  
**Hometown:** Scituate, MA  
**Residence:** Hadley, MA  
**Height:** 5'11"  
**Weight:** 165 lbs  
**Strengths:** All around  
**Pro Since:** 2007  
**Hobbies:** Cooking

**Career Highlights:**

**2007**

2nd Michael Schott Memorial Circuit Race

**2005**

1st Newport Storm Criterium  
1st Hardwick Vineyard & Winery Cyclocross  
1st Saab-CBRC Central Park Cyclocross Race  
1st Overall Eastern NY Cyclocross Series  
1st Uncle Sam Cyclocross

**2004**

1st Doc Reilly Memorial Road Race  
1st NY Capital District Road Race  
1st Veryfine Grand Prix  
1st 29th Annual Lake Sunapee Bike Race  
1st Frank-n-Horst Cyclocross



**Dan GREENFIELD (USA)**

**NERAC PRO CYCLING TEAM**

*(PREVIOUS TEAM TARGETRAINING 2006)*

\*SPONSOR: Nerac is an information technologies provider.

**DOB:** April 6, 1980

**Hometown:** West Hartford, CT

**Residence:** West Hartford, CT

**Height:** 6' 0"

**Weight:** 180 lbs

**Strengths:** All around

**Pro Since:** 2006

**Hobbies:** Reading

**Career Highlights:**

**2006**

1st Bear Mountain Spring Classic

2nd Stage #5 Vuelta Sonora (Mexico)

**2005**

1st Bear Mountain Spring Classic

1st Adelpia Grad Prix

2nd Palmer Road Race

3rd Jiminy Peak Road Race

3rd Saco Criterium

3rd New England Time Trial Championship

3rd Cambridge Balloon Festival

4th Unionvale Road Race

4th Overall Owasco Stage Race

4th Tour of the Hilltowns

6th Univest Grand Prix

10th Overall Green Mountain Stage Race

11th Marblehead Circuit Race

12th US Elite National Road Race Championship



**Patrick HEIDKAMP (GER)**  
**NERAC PRO CYCLING TEAM**

*\*SPONSOR: Nerac is an information technologies provider.*

**DOB:** April 28, 1971

**Hometown:** Cologne, Germany

**Residence:** Vernon, CT

**Height:** 6'1"

**Weight:** 215 lbs

**Strengths:** Sprinting

**Pro Since:** 2005

**Hobbies** Surfing

**Career Highlights:**

1st Connecticut State Criterium Championships

1st Tower District Criterium

1st Wheels of Thunder Criterium

1st AVC San Jose and San Diego 1 Kilometer Time Trial

2nd Alpenrose Challenge (Match Sprint)

2nd Collegiate Track National Championships

2nd Cologne Winter Track Championships (Sprint)

2nd California State Criterium Championships

4th German National Championships Race

4th German National Track Championships (Sprint)

7 Time California State Champion



**Daniel HOLT (USA)**

**NERAC PRO CYCLING TEAM**

\*SPONSOR: Nerac is an information technologies provider.

**DOB:** September 25, 1981

**Hometown:**

**Residence:** Charlotte, NC

**Height:** 5'9"

**Weight:** 148 lbs

**Strengths:** Sprinting

**Pro Since:** 2006

**Hobbies:**

**Career Highlights:**

1st Dade City Time Trial

1st Georgia State Road Race Championship

1st Georgia Cup Team Time Trial

1st Georgia Cup Madison Road Race

1st Georgia Cup Omnium

1st Crossroads Classic Charlotte Criterium

2nd Charlotte Criterium

2nd Huntsville Criterium

2nd Georgia Cup: Augusta Criterium

2nd Georgia Cup Lagrange Criterium

2nd Grant Park Criterium

**2006**

1st I'On Village Smack Down

5th Albany Road Race, Georgia Cup

5th Mount Holly-Smithville GP



**Chris JONES (USA)**  
**NERAC PRO CYCLING TEAM**  
*(PREVIOUS TEAM TARGETRAINING 2006)*

\*SPONSOR: Nerac is an information technologies provider.

**DOB:** August 6, 1979

**Hometown:** Redding, CA

**Residence:** New Haven, CT

**Height:** 5'11"

**Weight:** 145 lbs

**Strengths:** All around

**Pro Since:** 2007

**Hobbies:** Surfing

### **Career Highlights:**

#### **2007**

1st Sterling Road Race

1st Michael Schott Memorial Circuit Race

3rd Stage #3 Tour of Virginia

3rd Overall Tour of Virginia

4th Jacksonville Cycling Classic Criterium

5th Stage #2 San Dimas Stage Race

6th Stage #2 Mt. Hood Cycling Classic

7th Stage #7 Tour of Virginia

9th Stage #4 Tour of Virginia

#### **2006**

1st Connecticut State Road Race Championship

1st Connecticut State Cyclocross Championship

1st Bethel Criterium

3rd TARGETRAINING Time Trial

3rd Battenkill Roubaix Road Race

3rd Montana Race



**Adam Hodge MYERSON (USA)**  
**NERAC PRO CYCLING TEAM**

\*SPONSOR: Nerac is an information technologies provider.

**DOB:** May 9, 1972

**Hometown:** Somerville, MA

**Residence:** Somerville, MA

**Height:** 5'9"

**Weight:** 145 lbs

**Strengths:** Criteriums

**Pro Since:** 2003

**Hobbies:**

**Career Highlights:**

(2003) 1st Stage #8 FBD Milk Race

Former National Collegiate Cyclocross Champion

**2007**

1st Hartford Downtown Criterium

2nd Sterling Road Race

3rd Beaufort Memorial Cycling Classic

3rd Stage #3 San Dimas Stage Race

5th Overall USA Crits Southeast

9th Tour of Somerville

9th Stage #2 Redlands Bicycle Classic

11th Jacksonville Cycling Classic Criterium

**2006**

1st Cyclonauts Racers Criterium

1st Greenville Series #5

1st South Carolina Criterium Championship



**Patrick WALSH (USA)**  
**NERAC PRO CYCLING TEAM**

\*SPONSOR: Nerac is an information technologies provider.

**DOB:** November 19, 1977

**Hometown:** Natick, MA

**Residence:** Natick, MA

**Height:** 5'10"

**Weight:** 145 lbs

**Strengths:** Criteriums

**Pro Since:** 2006

**Hobbies:**

**2006**

1st Scottsdale Grand Prix

1st Stage #2 Tour del Paso

1st Stage #4 Tour of the Gila (Cat 2)

1st Auburn Criterium

2nd Colossal Cave Road Race

2nd Overall Tour del Paso

3rd Stage #3 Tour del Paso

3rd North Stonington Road Race

3rd CSC Innovational (Cat 1/2)

4th Balloon Festival Road Race

4th Cox Charities

4th Exeter Seacoast Criterium

10th Elite National Road Race Championship

11th Stage #5 International Tour de Toona



**David WERLING (USA)**  
**NERAC PRO CYCLING TEAM**

\*SPONSOR: Nerac is an information technologies provider.

**DOB:** April 4, 1981

**Hometown:** West Hartford, CT

**Residence:** Vernon, CT

**Height:** 5'7"

**Weight:** 140 lbs

**Strengths:** All around

**Pro Since:** 2005

**Hobbies** Working on his house

**Career Highlights:**

(2004) 3rd Connecticut State Criterium Championships

(2001) Supercup Cyclocross Series Champion

(2001) Baltimore Supercup Champion

(2001) 9th Cyclocross National Championships

(2000) Collegiate Super Cross Super Cup Champion



**David WISWELL (USA)**  
**NERAC PRO CYCLING TEAM**  
*(PREVIOUS TEAM CRCA/SAKONNET TECHNOLOGY 2006)*  
\*SPONSOR: Nerac is an information technologies provider.

**DOB:** June 23, 1983  
**Hometown:** Easton, CT  
**Residence:** New York, NY  
**Height:** 6'0"  
**Weight:** 170 lbs  
**Strengths:** Sprinting  
**Pro Since:** 2007  
**Hobbies:** Cars

**Career Highlights:**

(2006) 6th Elite National Track Championships (Madison)  
(2004) 4th Langerbrugge Pro Kermise  
(2003) 1st John Chielsko Open  
(2001) 9th Junior World Track Championships

**2007**

3rd Michael Schott Memorial Circuit Race

**2006**

1st Tour de Parc  
1st CRCA Circuit Race  
1st Detroit Three Day Madison Championships  
2nd CRCA Team Cup #4  
2nd Stage #4 Green Mountain Stage Race  
3rd Nestor's Madison of the Americas  
4th CRCA Team Cup #1  
4th Collegiate National Criterium Championships



**Todd YEZEFSKI (USA)**  
**NERAC PRO CYCLING TEAM**

\*SPONSOR: Nerac is an information technologies provider.

**DOB:** January 29, 1982

**Hometown:** Allentown, PA

**Residence:** Chicago, IL

**Height:** 5'8"

**Weight:** 150 lbs

**Strengths:** Sprinting

**Pro Since:** 2006

**Hobbies** Cooking

**Career Highlights:**

(2004) 2nd Collegiate National Championship Omnium

(2000) 1st Jr. National Track Championship (Match Sprint)

(2000) 1st Jr. National Track Championship (TT)

(2000) 1st Jr. National Track Championship (Olympic Sprint)

(2000) 7th Junior Track World Championships

(1999) 2nd Jr. Pan Am Games (Match Sprint)

(1999) 5th Jr. World Track Championship (Olympic Sprint)

11 Time National Champion

**2006**

4th Stage #2 International Cycling Classic-Superweek

5th Stage #2 Tour of Tour of Shenandoah

**2005**

1st Division #2 Collegiate National Criterium Championships

5th Elite National Pursuit Championships

**2004**

1st Division #2 Collegiate National Team Time Trial Championships

2nd Division #2 Collegiate National Road Race Championships

10th Stage #1 Cascade Cycling Classic



## 2007 TEAM SCHEDULE:

<b>Date</b>	<b>Event</b>	<b>Location</b>
<b>March</b>		
3/24-3/25	Wells Ave Criterium	Boston, MA
3/30	Team Presentation	IBC, Boston, MA
<b>April</b>		
4/1	Marblehead Road Race	Marblehead, MA
4/7	U.S. Open Cycling Championship	Richmond, VA
4/14	Jacksonville Cycling Classic	Jacksonville, FL
4/28	Palmer Road Race	Palmer, MA
4/29	Sturbridge Road Race	Sturbridge, MA
<b>May</b>		
5/5	Jiminy Peak Road Race	Hancock, MA
5/27	Hartford Downtown Criterium	Hartford, CT
5/28	Tour of Somerville	Somerville, NJ
<b>June</b>		
6/2	CSC Invitational	Arlington, VA
6/3	Commerce Bank Lancaster (1.1)	Lancaster, PA
6/7	Commerce Bank Reading Classic (1.1)	Reading, PA
6/9	Big Y Jim Calhoun Challenge Ride	Connecticut
6/10	Commerce Bank International Championship (HC)	Philadelphia, PA
6/16	Austin Men's International	Austin, TX
6/24	Saturn Rochester Twilight	Rochester, NY
<b>July</b>		
7/23-7/27	International Tour de Toona	Altoona, PA
<b>August</b>		
8/4-8/11	Montreal - Boston (2.1)	Canada
8/12	Tour of Elk Grove	Elk Grove, IL
8/19	USPRO Criterium Championships	Downers Grove, IL
8/27	Chris Thater Memorial	Binghamton, NY
8/30	USPRO TT Championships	Greenville, SC
<b>September</b>		
9/2	USPRO RR Championships	Greenville, SC
9/9	Univest GP	Souderton, PA



2007 TEAM SPONSORS:



CRITICAL RESEARCH, PATENTS & ALERTS



boathouse



[www.teamnerac.com](http://www.teamnerac.com)